

BICYCLE REPAIRS and SERVICE at the Bloomfield Bicycle Co



We repair all makes, models, eras and types of bicycles. Our resident Chief Wrench Monkey is a genuine Master Mechanic and Wheelbuilder.

Our workshop is filled with well-trained, up-to-date professionals, wielding quality tools, who love your bike as their own, and warranty all their work. We have reasonable rates and decent turn around times.

TIPS FOR MAXIMUM RIDE GOODNESS

Take a Map. Maps are great! Yes, there are GPS and phones; but using all together can make magic.

Check Your Tires. Please, check tire pressure before you ride. Most folks get pinch flats from riding at low pressure. Pump tires to recommended pressure; and Do Not Overinflate.

Take Water — and drink it.

Do not Ride Intoxicated.

Take Breaks. As many breaks as you like.

Make a Plan — or at least have an answer ready for the first person who asks "What's the plan?"

Let Go of the Plan. When the plan starts to fall apart, be ready to shift gears. PEC can be crowded, but even so, there's always lots of options.

Carry Layers. The weather on this island can be changeable. Be prepared for diverse conditions.

Snack. It's tough riding after a big meal.

MILLENNIUM TRAIL

is a 46K multi-use trail-to-trails perfect for hiking, biking or horseback riding. There are more than 30 places to hop on and off, and it's close to so many attractions. The trailbed is compacted, crushed, limestone screenings and well suited for all types of bicycles, except those with the skinniest tires.

TRAIL USERS GUIDE

Do Not Litter. Leave no trace.

Stay on the trail. remain on the gravel path as it winds along past peoples' homes, peoples' farms and many commercial properties.

Share the Trail. When encountering other users, enable the pass carefully and courteously. Be mindful of skittish animals and folks wearing headphones.

Obey the speed limit. 50km between towns might seem unattainable, but moving at less than 20km near town can sometimes be a struggle.

Dogs must always be leashed — but oftentimes are not.

Be mindful of, and careful with, wildlife.

SIGNIFICANT WETLANDS

The section of the trail around Hillier is one of the most beautiful teeming with chirping birds, frogs and turtles, an occasional snake, and even beavers. The trail crosses two magnificent wetlands — Hubbs Creek Marsh and Slab Creek Swamp.

Watch for creatures, and also for other trail users who have stopped to enjoy the view.

There are two types of wetlands in the Hillier area: Hubbs Creek Marsh section. A swamp is a wetland dominated by trees; a marsh is a wetland dominated by grasses and sedges. Visit pectrails.ca for lots more great official wetland info.

TRAIL HAZARDS

The Dreaded **Poison Ivy** and **Wild Parsnip** both grow in abundance along the fringes of the trail. Before you step off the gravel, examine surrounding greenery very carefully. If your skin does contact the plant, wash the oils away when you get home; before they can do any damage. Scrub well with dish soap!

The oils of these plants cause awful skin rashes that can last for weeks. Frustratingly, the rash doesn't appear for three days.

Wild Parsnip grows tall and flops flat into the trail! Stay lightly past.

Snapping Turtles will dig holes and nest along the edge of the trail in the spring. Give these dangerous, tiny dinosaurs a wide berth.

Hamlet Grocery: (8am-8pm) a great resource for riding in western PEC. Snacks, coffee, beer, LCBO, smiles and lots more.

Town of Consecon

The County's western town, boasting a wine bar, restaurants, the Hamlet Grocery, public washrooms and a conservation area. Retail Vineyards is just a little ways down the road.

The trail west of Wellington travels directly through the heart of the Western Wine Region. Keep your eyes peeled for Pedestrians, and Golfers, and their carts.

Town of Wellington

County Rd #33 can be very congested in the high season. The Trail makes an excellent Main Street by-pass.

Right on the shore, Wellington is a booming little tourist town in the summer. It enjoys many shops and ch-chi accommodations, restaurants, cafes and lots of galleries. There is a golf course, a brewery, an LCBO, a gas station, a hardware store, a grocery store, the Dukes' Arena and a boat launch. The Millennium Trail passes nearby along the north side.

Wellington Beach is open from Dawn to Dusk and requires a \$10 entry fee during the high season. There is a waterway that separates the Beach from the Sandbanks dune system.

County Rd #62 can be an unpleasant bike ride west of town. Instead, follow the Wine Route along #33 to Matthie Rd. and turn north to reunite with #62.

Town of Bloomfield

A sweet little town between Wellington and Picton. It boasts public Tennis Courts, two public washrooms, ice-cream, shopping, The Bloomfield Public House, Flame & Smith, Sailor House Cafe, Mafron Brewery, Angeline's Inn, The Walter, as well as great access points to the Millennium Trail. There is Main Street parking in town with overflow and offstreet parking as well.

#12 can be an unpleasant route to the Park. No shoulder, high speed limit, and busy traffic make it one of PEC's most dangerous rides. The best option is to follow the Pink Route along Shannon-Marissette-CR#11, which will take you right to the Park's Main Gate.

There are tons of fun things to do in PEC but Caddysnack, right next to the Main Gate, is the only Mini-Putt! It's Family oriented with an LCBO license, and simple food options.

Sandbanks Park

Sandbanks is still free on a bike. Park outside and use your bike to explore some of the County's finest roads and trails. Only the Woodlands and Lakeview trails are open to bicycles. There are public washrooms throughout the park, as well as two restaurants and many beaches! Get a Park Day Use Map for a detailed view of the whole Park. Sandbanks is often the busiest place in PEC; the Gate can have cars backed up for kilometers.

The trail continues across the canal, but you'll have to detour via CR#33 to cross on the bridge.

Millennium Trail West

Victoria Rd. may be paved, but it is presently listed as the "worst road in Ontario", so probably a good one to avoid.

Trail is OPEN 7am-11pm

The MILLENNIUM TRAIL may be used by walkers, hikers, joggers, cyclists, ATV riders, dirt bikers (licensed/insured), horses, skiers, mobility devices, pets, snowmobiles, and snowshoers. Horses have the right of way.

No cars or trucks are allowed on the trail; with the exception of adjacent farm vehicles.

The County's town; a magnet for all visitors. Vehicle traffic can be heavy and hurried. Take extra care riding in town and watch out for pedestrians.

Town of Picton

County Rd #49 has a rough surface and can be VERY busy in the high season. The Trail is an easy by-pass. If you do take the trail, keep your eyes peeled for Golfers on the east side of town.

Picton was once in consideration as the capital of Canada. Now it's the commercial hub of PEC; with laundromats, the Regent Theatre, wineries, breweries, shops, parks, a golf course, restaurants, a Yacht Club, a boat launch, the Curling Club, the Arena, Splash Pad and Skate Park, gas stations, grocery stores, hardware stores, a lumber yard, car dealerships and an LCBO and a Beer Store (at opposite ends of town, of course). Picton is the hilliest local town; with both the Harbour and Macaulay Mountain within its limits.

Cycling south on CR#10 is not recommended. It's always busy, has a high speed limit and has no shoulder. Use the utmost caution on any section of this road.

The plateau above Picton and to the south is known as "the heights".

Above Picton is the Lock Sloy Industrial Park; the remains of a WWII Gunner School, Picton Airport, the Melt Gallery and the Air Cadets are all located there, as well as the fun! exciting! Escape Camp Picton.

Closson Rd. is narrow and twisting. It can be busy, with many potentially hazardous blind corners once the corn is high.

Millennium Trail Central

The trail is perfectly situated as a greener, safer choice to explore the Western Wine Region.

Karlo Estates has a signed path that winds beside their vineyard, which takes you to their Tasting Barn and out to Danforth Rd.

Always exercise the utmost caution at these intersections. Some of the road crossings have blind corners before them. **Stop, Look and Listen** for oncoming traffic.

This CR#33 crossing has blind corners on both sides. Before crossing, be very sure there is no traffic.

Millennium Trail East

Most of the trail intersections do not have street name signs. Use the kilometer markers to pinpoint your location.

Use the Xwalk at the light.



The Bloomfield Bicycle Company welcomes you to Prince Edward County (PEC). We're a little bicycle shop on this little island. We eat, sleep, breathe, think, dream, ride, fix and love bikes.

We don't just sell bikes; we sell cycling.

We make this free map so all folks cycling here can have their best possible ride. We're your local bike shop, that doubles as tour support for all visiting adventurers. We have new and used hybrids, road bikes, mountain bikes, tri-cycles, kids' bikes, touring bikes and more. We have qualified, expert mechanics on staff. We keep a good stock of new and used parts on hand, and we have lots of cool bike stuff that you need! C'mon by. Ride on over. Bring your bike.

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OPEN most days 10am-6pm



FREE CYCLING MAP

the Bloomfield Bicycle Company's **GUIDE to CYCLING in PRINCE EDWARD COUNTY**



TV SUCKS Ride your bike

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